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(Neb.)-CSC football team sets 13 records during offseason workouts



By: Andrew Lacy Posted at: 03/26/2013 09:14 AM

CHADRON – Six Chadron State College football players set 13 weightlifting records for their respective positions during offseason workouts recently.

In addition, Jojo Phillips and Conor Casey set overall team records during the winter testing period.

Phillips, a junior safety from LaMesa, Calif., ran the 40-yard dash in 4.40 seconds, breaking Danny Woodhead's previous record of 4.43. Chadron State defensive coordinator and strength and conditioning coordinator, Jeff Larson, said all the Eagles' 40-yard times were measured electronically.

Casey, a junior from Rapid City, S.D., had a vertical jump of 41 inches to break Allan Schmaltz's previous record of 38.5. Schmaltz is also a Rapid City native.

In addition to his blistering 40 time, Phillips set three other defensive back records. He bench pressed 385 pounds, power cleaned 340 and had a total of 1,170 pounds in the three core lifts – bench press, squat and power clean.

Robert Jackson III set three records for running backs and fullbacks, including breaking one that has stood for 13 years. He squatted 615 pounds to break Corey Campbell's record of 600 set in 1995 and he also had a vertical jump of 36 inches and had a total of 1,295 pounds in the three core lifts.

Patrick O'Boyle and Daniel Sotelo also set multiple records. O'Boyle, a junior quarterback from Gering, had a vertical of 29.5 inches and a time of 4.75 seconds in the 40, while Sotelo, a sophomore from Grand Island, squatted 615 pounds and had a total of 1,310 pounds in the core lifts.

Wide receiver Antonio Thompson also set a record in the 40-yard dash, running it in 4.51 seconds.

Larson also said junior tailback Michael Madkins was strongest CSC football player pound for pound.