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(Colo.)-Avalanche adopt Roy's personality

By: Andrew Lacy Posted at: 09/24/2013 03:03 PM

DENVER (AP) — Patrick Roy's fiery personality is already rubbing off on the Colorado Avalanche.

Just the other day in a scrimmage, captain Gabriel Landeskog mixed it up along the boards with Steve Downie. That feistiness is precisely what the new coach wants to see from a team that's missed the playoffs three straight seasons.

Roy is preaching a simple message: Take care of the little things on the ice, such as clearing loose pucks in front of the net.

Roy has some help, too, with former teammate Joe Sakic stepping into a broader role in the front office this season and handling the day-to-day hockey operations.