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(Colo.)-Avalanche sign D Andre Benoit



By: Andrew Lacy Posted at: 07/05/2013 02:24 PM

DENVER (AP) — The Colorado Avalanche signed defenseman Andre Benoit to a one-year deal on Friday.

Before the start of free agency, newly hired Avalanche coach Patrick Roy said the team wasn't going to be very active since the roster was already full. Colorado recently bought out the contract of defenseman Greg Zanon to open up space.

The 29-year-old Benoit played in 33 games for the Ottawa Senators last season, scoring three goals and dishing out seven assists.

Avalanche executive vice president of hockey operations Joe Sakic says Benoit has "good offensive skills and puck-moving ability and will be a good addition to our power play."