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#### **(Neb.)-Motivational Speaker To Present Workshop At Chadron State**

By: Roxie Graham-Marski Posted at: 03/13/2014 11:51 AM



*Photo: M. K. Mueller*

(CHADRON)-A guest presenter to Chadron State College last semester is returning to the campus next weekend for a training seminar. M. K. Mueller will present an "8 to Great" Train the Trainer two-day workshop on Friday, March 21st and Saturday, March 22nd, in the Bordeaux/Lakota rooms in CSC Student Center.

The workshop will run from 8:00 a.m.-5:30 p.m. both days. A free session is being offered from 1:00-4:00 p.m. on Saturday, March 22nd, and will be open and available for anyone who wishes to attend.

Mueller was a guest of Dr. Kim Madsen's First-Year Inquiry class last fall, and CSC Student Senate members attend Mueller's presentation at the Nebraska State College System's student leadership gathering last semester also.

Mueller's presentations have been described as entertaining, informative and inspirational. They are designed to help educators and students discover a powerful process for getting in touch with goals and dreams, formulas for developing and maintaining a positive attitude, decision-making and forgiving past hurts or mistakes.

The workshop will include one-minute exercises in gratitude as well as methods for tapping into one's imagination. Over 60 interactive activities are included in the two-day event.

Other features of the program include a process for dealing with strong emotions, such as depression or rage, and a communication skill that breaks through negative patterns, such as defensiveness.

To register, call 800-419-0444 or sign up online at [www.8togreat.com/two-day-certification-training](http://www.8togreat.com/two-day-certification-training). For more information, contact Dr. Kim Madsen at [kmadsen@csc.edu](mailto:kmadsen@csc.edu) or 308-432-6372.

--CSC Information Services